



## Hope Academy

### Introduction

Hope Academy is Boys Hope Girls Hope's (BHGH-SF) afterschool program for low-income, academically capable and motivated children who come from financially and socially challenged backgrounds. We provide intensive academic enrichment, comprehensive services, and support systems to motivated San Francisco students nurturing the self-confidence, discipline and focus required to test children's academic limits and allow them to achieve dreams they once thought were out of their reach—including graduating from college. Students start the program in 6th grade and continue to receive support through college.

- Since 1991, 100% of Boys Hope Girls Hope scholars who have graduated from high school have gone on to higher education.
- Boys Hope Girls Hope alumni have attended Harvard Law School, Columbia University, the University of Chicago, UC Davis, CSU East Bay, Vassar, Boston University, and many others.

### Program Design

Young people served by BHGH-SF are referred to as "scholars" and the Hope Academy works to capitalize strengths and develop potential for scholars to foster emotional, physical, intellectual, spiritual, and social development. Helping scholars succeed academically is a critical element of Hope Academy and college preparation begins the day a scholar is accepted into the program. Hope Academy provides a comprehensive and robust "out-of-school" curriculum to expand student's horizons and prepare students for college, career, and life. We empower children of poverty and potential to triumph over their circumstances, become successful, and grow up to give back to their communities.

### Profile of a Hope Academy Scholar

Hope Academy is not designed for youth with serious academic, emotional or behavioral difficulties. Students who will best benefit from the resources and services of the program are:

- 10-14 years old at the time of admission
- Students with average to high scholastic aptitude and mental health
- Free from severe emotional problems and learning disorders that constrain potential
- Motivated and driven
- Students who will thrive in a structured, supportive environment
- Available afterschool and occasional weekends

### Hope Academy Description

Hope Academy is an 11-year journey through college and works in partnership with parents, schools, and the community to provide the following essential programmatic elements:

- Tutoring, academic, and homework help
- Middle school, high school, and college tuition scholarships
- College and career preparation
- Social, emotional, and character development
- Exploration of special interests such as art, music, theater, dance, computers and technology, crafts, etc.
- Service-learning opportunities
- Cultural activities

## Typical Schedule at Hope Academy

	Monday	Tuesday	Wednesday	Thursday
3:00 – 5:45	<b>Study Time</b> Homework, Studying, and SAT Prep with Tutors and Mentors	<b>Study Time</b> Homework, Studying, and SAT Prep with Tutors and Mentors	<b>Study Time</b> Homework, Studying, and SAT Prep with Tutors and Mentors	<b>Study Time</b> Homework, Studying, and SAT Prep with Tutors and Mentors
5:45 – 6:15	<b>Healthy Family Dinner</b>	<b>Healthy Family Dinner</b>	<b>Healthy Family Dinner</b>	<b>Healthy Family Dinner</b>
6:15 -6:30	<b>Important                      Announcements                      &amp;                      Group Energizer</b>	<b>Important                      Announcements                      &amp;                      Group Energizer</b>	<b>Important                      Announcements                      &amp;                      Group Energizer</b>	<b>Important                      Announcements                      &amp;                      Group Energizer</b>
6:30-7:45	<b>Career Panel                      or                      Special Guest</b>  Library open for Homework	<b>Life Skills</b> (Ex. Etiquette, Cooking College Readiness)  Library open for Homework	<b>Hope                      Reflection</b> (Ex. Discussions on Current/social events)  Library open for Homework	<b>Specific Activities</b> (Ex. Interventions, HS Apps, cooking)  Library open for Homework
7:45-8:00	<b>Clean up                      &amp;                      Closing Circle</b>	<b>Clean up                      &amp;                      Closing Circle</b>	<b>Clean up                      &amp;                      Closing Circle</b>	<b>Clean up                      &amp;                      Closing Circle</b>

**Middle School Scholars:** Must attend programming all day, every day after school unless they have an excused absence.

**High School Scholars:** Must attend 25 hours of programming a week. Their hours can be earned attending regular Hope Academy programming, private tutoring sessions, Super Saturdays, Internships, SAT/ACT Prep, community service or other pre-approved activity. One hour of non-BHGH sports, clubs & extracurricular counts as a half hour for Hope Academy.

**Super Saturdays & Additional Programming:** Hope Academy host events two Saturday a month. These events are made up of a community service projects designed to promote service learning amongst our scholars as well as invite-only incentive trips offered to scholars in good standing with Boys Hope Girls Hope. Hope Academy also operates programming during spring break, winter break and summer vacation.

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